SKATING

PROGRAMS

Winter 2021

PRESCCHOOL
Preschool Skating (3-5 Years)
Skating instruction for pre-schoolers 3, 4 and 5 years of age. The program will involve 1 Parent/Guardian on the ice with the child participating in the basic techniques of skating as well as a variety of games. The adult is expected to be on skates with the child. A CSA approved hockey helmet is mandatory and participants must have skates.
• Spectators are limited to one parent/caregiver for any program.
• Please only arrive 15 minutes prior to program and check in at the arena entrance where Learn to Skate staff will greet and screen you prior to entry.
• Spectators are limited to one parent/caregiver for any program participants under the age of 18. No other spectators will be allowed to enter the facility.
• Masks are mandatory for all people who enter the arena. Prior to going on the ice the participant may remove their mask.
• No outside food or drink permitted in the arena. Water bottles and sports drinks allowed for participants.

Argyle Arena
Argyle Arena
Carling Recreation Centre
Carling Recreation Centre
Kinsmen Recreation Centre
Kinsmen Recreation Centre
Stronach Community Recreation Centre
Stronach Community Recreation Centre

CHILD
Learn to Skate: Level 2 (4-12 Years)
Children’s Learn to Skate programs are offered throughout London arenas. Skaters will receive a badge upon successful completion of a test. A CSA approved hockey helmet is mandatory and participants must have skates.
• Please only arrive 15 minutes prior to program and check in at the arena entrance where Learn to Skate staff will greet and screen you prior to entry.
• Spectators are limited to one parent/caregiver for any program participants under the age of 18. No other spectators will be allowed to enter the facility.

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CHILD (CONT’D)
Learn to Skate: Level 3 (4-12 Years)
Children’s Learn to Skate programs are offered throughout London arenas. Skaters will receive a badge upon successful completion of a test. A CSA approved hockey helmet is mandatory and participants must have skates.
• Please only arrive 15 minutes prior to program and check in at the arena entrance where Learn to Skate staff will greet and screen you prior to entry.
• Spectators are limited to one parent/caregiver for any program participants under the age of 18. No other spectators will be allowed to enter the facility.
• Masks are mandatory for all people who enter the arena. Prior to going on the ice the participant may remove their mask.
• No outside food or drink permitted in the arena. Water bottles and sports drinks allowed for participants.
• Due to COVID restrictions our on ice instructors are not permitted to touch and assist skaters on the ice. Skaters must be able to stand on their own.

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CHILD (CONT’D)
Learn to Skate: Level 4 (4-12 Years)
Children’s Learn to Skate programs are offered throughout London arenas. Skaters will receive a badge upon successful completion of a test. A CSA approved hockey helmet is mandatory and participants must have skates.
• Please only arrive 15 minutes prior to program and check in at the arena entrance where Learn to Skate staff will greet and screen you prior to entry.
• Spectators are limited to one parent/caregiver for any program participants under the age of 18. No other spectators will be allowed to enter the facility.
• Masks are mandatory for all people who enter the arena. Prior to going on the ice the participant may remove their mask.
• No outside food or drink permitted in the arena. Water bottles and sports drinks allowed for participants.
• Due to COVID restrictions our on ice instructors are not permitted to touch and assist skaters on the ice. Skaters must be able to stand on their own.

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Learn to Skate: Level 4 (4-12 Years)
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519.661.5575  |  2
ADULT

Learn to Skate: Adults (18+ Years)

It’s never too late to skate! This Learn to Skate program teaches skating to those 18+ years of age and emphasizes the basic skating fundamentals while enhancing a healthy, active lifestyle. Skaters advance at their pace in a relaxed atmosphere with a fully certified coach.

- Please only arrive 15 minutes prior to program and check in at the arena entrance where Learn to Skate staff will greet and screen you prior to entry.
- Spectators are limited to one parent/caregiver for any program participants under the age of 18. No other spectators will be allowed to enter the facility.
- Masks are mandatory for all people who enter the arena. Prior to going on the ice the participant may remove their mask.
- No outside food or drink permitted in the arena. Water bottles and sports drinks allowed for participants.
- Due to COVID restrictions our on ice instructors are not permitted to touch and assist skaters on the ice. Skaters must be able to stand on their own.

Earl Nichols Recreation Centre

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Kinsmen Recreation Centre

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