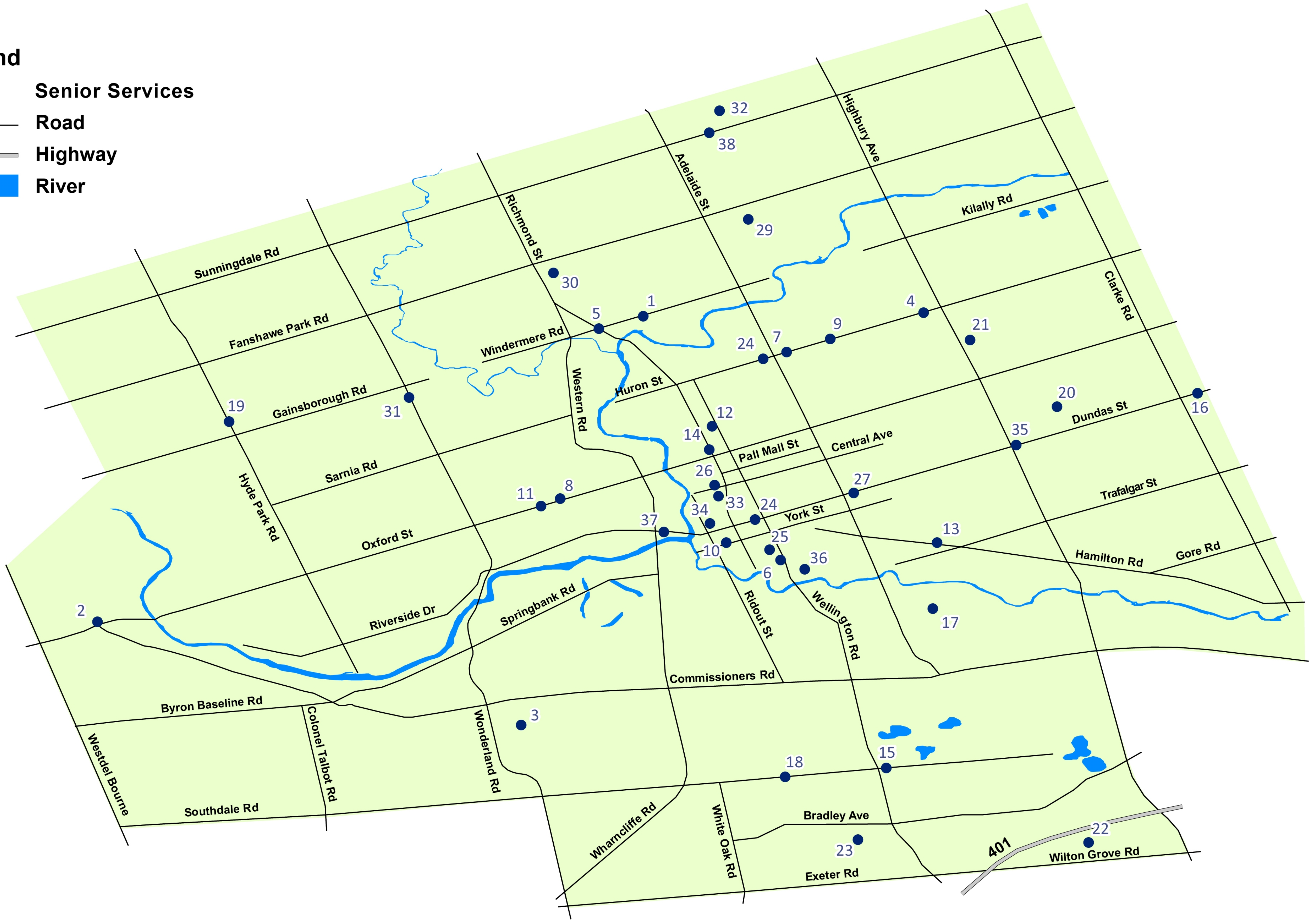


Senior Support Services

- Legend**
- Senior Services
 - Road
 - Highway
 - River



	<i>Agency - Service / Program</i>	<i>Address and Phone Number</i>
1	Alzheimer Outreach Services of McCormick Home - Provides Services of Exercise and Strengthening	435 Windermere RD, N5X 2T1, 519-680-2404
2	Alzheimer Outreach Services of McCormick Home - Recreational Activity and Programs	2022 Kains RD, London, ON, N6K 0A8, 519-439-9336
3	At Your Service for Seniors Inc. - In Home Services for Seniors	596 Fox Mill Place, N6J 2B2, 519-872-0875
4	Beacock Branch of London Public Library - LSP Service & Friday Mornings Beacock Coffee and Games Fun!	1280 Huron ST, N5Y 4M2, 519-451-8140
5	Canadian Centre for Activity and Aging - Promotes Healthy Living Styles for Canadian Older Adults (provides guidance and encouragement)	1490 Richmond ST, N6G 2M3, 519-661-1603
6	Canadian Hearing Society - Hearing Care Counseling	181 Wellington ST, N6B 2K9, 519-667-3325
7	Canadian Mental Health Association of London & Middlesex - Family Education & Support (Psycho-educational Course)	648 Huron ST, N5Y 4J8, 519-434-9191(ext.235)
8	Cherryhill Branch of London Public Library - ESL Reading Group, ESL for Seniors Tuesday & Thursday Mornings	Cherryhill Mall, 301 Oxford ST W, N6H 1S6, 519-439-6456
9	City of London Kiwanis and Hamilton Road Senior Centers - London Immigrant and Isolated Seniors Committee	910 Huron ST, St Lawrence Church basement, N5Y 4H9
9	City of London Kiwanis and Hamilton Road Senior Centers - Senior Friendship Circle (The Kindred Souls) 50+	910 Huron ST, St Lawrence Church basement, N5Y 4H9
10	Comfort Keepers London - Personal Care	341 Talbot ST, Suite 229, N6A 2R5, 519-601-4075
11	Community Care Access Centre South West - Home Support Services	356 Oxford St W, N6H 2L7, 519-473-2222
12	Complex Care Program	268 Grosvenor ST, N6A 3N3, 519-646-6100
13	Crouch Neighbourhood Resource Centre/ Crouch Branch Library - English Practice Sessions for Seniors	550 Hamilton RD, N5Z 1S4, 519-642-7630
14	Dale Brain Injury Services - Cornerstone Clubhouse	781 Richmond ST, N6A 3H4, 519-679-6809
15	Dearness Home - Adult Day Program and Wellness Centre	710 Southdale RD E, N6E 1Y4, 519-661-0400(ext.8278)
16	East London Branch of London Public Library - Computer Help for Older Adults (not specifically for multicultural seniors, every elder would be welcome) & Seniors Satellite Operating (Wednesday from 11am to 2pm and Thursday from 1pm to 4pm, with a small fee to participate)	2016 Dundas ST E, N5V 1R1, 519-451-7600
17	Fifty Plus Club, London	123 Chesterfield AVE, N5Z 3N2, 519-672-5039
18	Fung Loy Kok Taoist Tai Chi of Canada, London Branch	456 Southdale RD E, Unit B, N6E 1A2, 519-675-0577
19	Helping Hands Plus - Senior Home Health Care	1674 Hyde Park RD, Suite 203, N6H 5L7, 519-472-1446
20	Home Instead Senior Care, London. St Thomas. Sarnia	520 First ST, Unit 21B, N5V 1Z3, 519-913-1662
21	Huff n' Puff Seniors Fitness Association	1345 Cheapside ST, N5V 2H6, 519-661-5854
22	Islamic Centre for South Western Ontario – Seniors’ Group	951 Pond Mills RD, N6N 1C3, 519-668-2269
23	Jalna Branch of London Public Library - Jalna Book Club for Arabic Speakers, LSP Service & Coffee and A Card	1119 Jalna Blvd, N6E 3B3, 519-685-6465
24	London Central Public Library - LSP Service, One-on-One Conversation (to help improve verbal English skills) & ESL Reading Group	251 Dundas ST, N6A 1H3, 519-661-4600
25	London Community Resource Centre - Community Gardens	255 Horton ST, N6B 2J9, 519-432-1801
26	London Health Sciences Centre, Victoria Hospital - Geriatric Mental Health Service	800 Commissioners RD E, PO Box 5010, N6A 5W9, 519-685-4046
27	London Intercommunity Health Centre - Seniors' Drop-in Program, WrapAround , Seniors’ Tai Chi & Seniors Home Visit	659 Dundas ST, Oasis Room, N5W 2Z1, 519-660-0874
28	London Jewish Federation - London Jewish Community Centre	536 Huron ST, N5Y 4J6, 519-673-3310
29	London Senior Games Board, District 30	1518 Barrymont AV, N5X 1N3, 519-661-5198
30	Masonville Branch of London Public Library - ESL Class for Adult Newcomers & ESL Reading Group	30 North Centre RD, N5X 3W1, 519-660-4646
31	Northwest London Resource Centre	1225 Wonderland RD N, N6G 2V9, 519-471-8444
32	Nurse Next Door Home Care Services	1970 Rollingacres DR, N5X 0A8, 519-859-5070
33	QC Home Support Services	159 Albert ST, N6A 1L9, 519-679-2805
34	Retire-At-Home Services, London	101-201 Queens AV, Suite 106, N6A 1J1, 226-777-0963
35	Salvation Army, London - Adult Day Program	1340 Dundas ST E, Unit 4, N5W 5P2, 519-455-5177(ext.306)
36	Senior Homecare by Angels	111 Waterloo ST, Suite 312, N6B 1E3, 519-649-2273
37	Seniors Community Association	78 Riverside DR, N6H 1B4, 519-661-2500(ext.2361)
31	Sherwood Branch of London Public Library - Newcomer Seniors Program the 4th Saturday of Every Month & LSP Service	Unit 32, 1225 Wonderland RD N, N6G 2V9, 519-473-9965
23	South London Neighbourhood Resource Centre - Seniors Support Group, Friday Soup, Intergeneration Computer Classes & ESL for Seniors	1119 Jalna Blvd. N6E 3B3, 519-686-8600 (ext. 7388)
37	St Joseph's Health Care, London Parkwood Hospital - Third Age Outreach	78 Riverside DR, N6H 1B4, 519-661-1620
38	Stoney Creek Branch of London Public Library - ESL Class for Adult Newcomers & ESL Reading Group	920 Sunningdale RD E, N5X 0H5, 519-930-2065