If you are the resident, the POA for care or the SDM please work to determine who the 2 (two) Caregiver(s) will be and fill in the form below. Completed forms should be submitted to the Manager Community Life, Cheryl Gilmour at [cgilmour@london.ca](mailto:cgilmour@london.ca) or send to Cheryl Gilmour, Dearness Home, 710 Southdale Road East, London, ON N6E 1R8.

10 training places will be allocated on a first come, first served basis; a negative COVID swab within 2 weeks of your arrival must be completed as well.

**Available dates and times: RESIDENT NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Thursday, October 29th:** 11am-noon, 1-2pm, 2:30-3:30pm, 4-5pm, 5:30-6:30pm

**Wednesday, November 4th:** 11am-noon, 1-2pm, 2:30-3:30pm, 4-5pm, 5:30-6:30pm

**Tuesday, November 10th:** 11am-noon, 1-2pm, 2:30-3:30pm, 4-5pm, 5:30-6:30pm

**Wednesday, November 18th:** 11am-noon, 1-2pm, 2:30-3:30pm, 4-5pm, 5:30-6:30pm

**Wednesday, November 25th:** 11am-noon, 1-2pm, 2:30-3:30pm, 4-5pm, 5:30-6:30pm

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| --- | --- | --- | --- |
| **Name of Designated Caregiver** | **1st Choice (day and time)** | **2nd Choice (day and time)** | **3rd Choice (day and time)** |
| 1. |  |  |  |
| 2. |  |  |  |